



PACKING LIST GUIDE

BY: OVERLAND FOR GOOD

HOW WE PLAN:



WHAT'S THE WEATHER GOING TO BE LIKE?

Google it. Just search "What is the average temperature in _____." Google will tell you everything you need to know. If you are using an Adventure Guide from our website, it will already tell you as well!



CLOTHING ITINERARY LABELS:

Writing down what I have tentatively planned helps me know what clothes to pack for each day. I write on a small piece of paper what I am doing that day and make an outfit that fits the hike, excursion, temperature, etc. I have included a label sheet that you can print and cut out and place on your clothes when packing. No more searching through bags trying to remember what you packed and trying to decide what to wear. Just search for the label with your adventure listed and you're good to go.



COMING SOON



EXAMPLES FROM OUR PAST ADVENTURES:

We are creating 2 example Packing List Guide Sheets on what I packed for 2 previous trips. They are both completely different regions and weather. I have filled them out and added my thoughts in **ORANGE** on how I think and plan.

- ZION NP: 3 days, big hikes, dry heat with lots of sunshine. Average of warmer temperatures in April.
- GLACIER NP: 10 days, mix of long and short hikes. Glacier has unpredictable weather. Chance of sun, rain, & snow. Average of cooler temperatures in July.



CAMPING PACKING LIST

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GEAR

- TENT - RAIN FLY
- FOOT PRINT FOR TENT
- POLES & STAKES
- SUN SHADE
- () SLEEPING BAG
- () PILLOW
- () PADS / MATTRESS
- AIR PUMP
- TABLE
- () CAMP CHAIRS
- SUN SHADE
- HAMMOCK + STRAPS
- PARACORD / CLIPS
- CARABINERS
- S-BINERS
- SHOVEL
- MULTIFUNCTION TOOL
- PERSONAL KNIFE
- AXE
- HATCHET
- LANTERN
- () HEAD LAMP
- BUG NET
- HEAD NETS
- NALGENE
- HYDROFLASK
-
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-
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KITCHEN

- WATER CONTAINER
- STOVE
- FUEL/ PROPANE
- FIREWOOD
- FIRE STARTER KIT
- LIGHTER / MATCHES
- FRYING PAN
- POTS
- DUTCH OVEN
- ROASTING STICK
- CUTTING BOARD
- COOKING KNIFE
- FORK-SPOON-KNIVES
- SPATULA
- WHISK
- LONG TONGS
- CAN OPENER
- BOWLS
- PLATES
- COOLER/ FRIDGE
- ICE
- TUPPERWARE
- FOOD BINS
- POT HOLDERS
- TABLECLOTH - CLIPS
- CITRONELLA CANDLE
- SALT -PEPPER -SPICES
- OLIVE OIL
-
-
-
-

KITCHEN

- SPONGE / SCRUBBER
- COLLAPSABLE SINK
- BIO DISH SOAP
- PAPER TOWELS
- HAND TOWELS
- HAND SANITIZER
- DISINFECTANT WIPES
- GARBAGE BAGS
- ZIP LOCK BAGS
- TIN FOIL
-
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-

FIRST AID

- FIRST AID KIT
- ALLERGY (KIDS+ADLT)
- TYLENOL (KIDS+ADLT)
- MELATONIN
- VICKS VAPOR RUB
- BANDAIDS
- ALOE VERA
- BUG SPRAY
- EYE DROPS
- SUNSCREEN
- MEDICATIONS
- ANTI-ITCH CREAM
- MOLE SKIN - BLISTERS
-
-

HIKING

- DAY PACK
- KIDS BACKPACK
- KID CARRIER
- PLATYPUSES
- WATER BOTTLE
- WET WIPES
- FRESHETTE/ GO GURL
- TROWEL
- WET WIPES
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BACKPACKING

- BEAR SPRAY
- BEAR CANISTER
- LIGHT WEIGHT STOVE
- FUEL - ISO BUTANE
- WATER PURIFIER
- BUFF
- LIGHTWEIGHT COOK SET
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-





CAMPING PACKING LIST

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ACTIVITES

- TREASURE BUCKET
- SLING SHOT
- SAND TOYS - SHOVEL
- SWIM GOGGLES
- NP PASS
- NP PASSPORT BOOKS
- CARD/ GAMES
- FRISBEE
- BIKES/ HELMETS
- BOOKS
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ENTERTAINMENT

- FUNNY FACE BOOKS
- BEADS - TWINE
- COLORING BOOKS
- CRAYONS/ PENCILS
- IPAD
- MOVIE ON USB
- CAR CRAFTS
- BOOKS
- HEADPHONES
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NAVIGATION

- MAPS
- RESERVATION INFO
- PASSPORT / ID
- NOTEBOOK
- BINOCULARS
- PEN / PENCIL
- COMPASS
- GPS
- INREACH
- CASH FOR FEES AND FIREWOOD ETC
-
-
-

TECH

- CAMERA
- CAMERA CHARGER
- CAMERA BATTERY
- TRIPOD
- EXTRA BATTERIES
- PORTABLE BATTERY
- MEMORY CARDS
- ACTION CAMERA
- DRONE
- PHONE
- PHONE CHARGER
-
-
-

HYGIENE

- TOILET PAPER
- WET WIPES
- TOOTH BRUSH
- TOOTH PASTE
- CHAPSTICK
- FLOSS
- DEO FOR THE BO
- BRUSH/ COMB
- BOBBY PINS
- HAIR ELASTICS
- MENSTRUAL ITEMS
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-

SHOWER KIT

- HELIO SHOWER
- SHAMPOO
- CONDITIONER
- BODY SOAP
- () LOOFA/ RAGS
- () SANDALS
- () PACK TOWELS
- RAZOR
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PERSONAL

- TRAVEL JOURNAL
- CONTACTS
- GLASSES
- MAKE UP
- POWDER (HAIR)
- FACE LOTION
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BABY - TODDLER

- DIAPERS (+MORE!!)
- SWIM DIAPERS
- WIPES
- RASH CREAM
- CHANGING PAD
- PLASTIC BAGS
- EXTRA BLANKET
- SIPPY CUPS - BOTTLES
- FORMULA- JUICE
- BUMBO
- BURPCLOTHS
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PER PERSON CLOTHING PACKING LIST

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CLOTHES

- LONG PANTS
- THERMALS
- LEGGINGS
- SHORTS
- FLEECE JACKET
- DOWN JACKET
- RAIN JACKET
- WIND BREAKER
- BEANIE
- GLOVES
- LONG SHIRT - WOOL
- SHORT SLEEVE SHIRT
- SKIRT / SKORT
- PAJAMAS
- THICK WOOL SOCKS
- THIN LOW SOCKS
- UNDERWEAR/ PANTIES
- BRAS
- UNDERSHIRT
- SWIMSUIT
- WATER SHOES
- SANDALS - FLIP FLOPS
- HIKING SHOES
- BOOTS
- HAT
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MY DESTINATION:

GET EXCITED!

 DAY: _____


ADVENTURE ITINERARY:

WEATHER/ TEMP:

 DAY: _____


ADVENTURE ITINERARY:

WEATHER/ TEMP:

 DAY: _____


ADVENTURE ITINERARY:

WEATHER/ TEMP:

 DAY: _____


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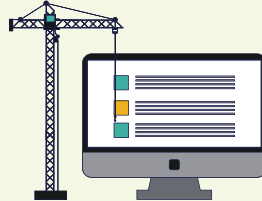
WEATHER/ TEMP:





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OVERLAND FOR GOOD'S

3 DAY ADVENTURE PACKING LIST GUIDE

IN ZION NATIONAL PARK

Packing light and efficient.

GUIDE DETAILS: warm weather. dry heat with lots of sunshine. average of warmer temperatures in April .

Plan your clothes around your adventures.

[Keri's Notes listed in ORANGE.](#)



OVERLAND FOR GOOD'S

10 DAY ADVENTURE PACKING LIST GUIDE

IN GLACIER NATIONAL PARK

Packing light and efficient.

GUIDE DETAILS: unpredictable weather.

chance of sun, rain, & snow, average of cooler temperatures in July.

Plan your clothes around your adventures.

[Keri's Notes listed in ORANGE.](#)