



OVERLAND FOR GOOD'S GO-TO MEALS

BY: OVERLAND FOR GOOD

NEED HELP:

First know that we like simple and inexpensive food when camping and getting outside. Our main goal is to explore, so you're not going to find anything too fancy. ;) These have been our go-to's during our TIGHT and LIMITED SPACE car camping years, so I hope they help get you started.

Remember- it IS possible to stay within your weekly food budget.

KERI'S GO-TO MEALS:

BREAKFAST

- Cereal & Milk
- Bagels & Cream Cheese
- Oatmeal
- Pancakes
- Breakfast Burritos
- Breakfast Taquitos
- Granola & Yogurt
- Grits
- All American Breakfast: Eggs, Bacon, Sausage
- Boiled Eggs & Avocado
- Avocado Toast
- French Toast
- Berries & Cream
- Dutch Oven Breakfast Casserole
- Biscuits & Gravy
- MountainHouse Meal

SWEET TREATS

- S'MORES (Get Creative!)
 - Reeses, KitKats, Almond Joy (any candy bar!)
 - Fudge Stripes Cookies, Cinnamon or Chocolate Grahams, etc.
 - Different Flavored Marshmallows, PEEPS!, etc.
- Fired Banana Biscoff S'more Boats
- Fire Orange Cake
- S'mores in a Bag with Teddy Grahams
- Roasted Starbursts
- Hot Chocolate

LUNCH

- Sandwiches
- Hawaiian Roll Sandwiches
- Ham & Cheese Wraps
- Peanut Butter, Pear, & Honey Wraps
- BLT's
- Roasted Red Pepper Vegetable Wraps
- Sweet Pork Nachos
- Bag Salad & Grilled Chicken
- Chicken Cream Cheese Crackers
- Charcuterie
- Beef Taco Salad
- PB&J

DINNER

- Nachos
- Street Tacos
- Tinfoil Dinners
- Pita Pizza
- Hot Dogs
- Soup/Grilled Cheese
- Sundried Tomato Pasta
- Fajitas
- Chili & Fritos
- BBQ Chicken Quesadillas
- Cheese Quesadillas
- Burritos
- Mac & Cheese
- Asian Peanut Quinoa
- Indian Beans & Rice
- Tostadas
- Brats with onions & peppers
- Walking Tacos

SNACKS

- Cheese sticks
- Go-Gurts
- Almonds
- Cubed Cheese
- Salami
- Fruit
- Luna Bars/Cliff
- GoGo Squeez
- Trail Mix
- Chips
- Cut Veggies / Ranch
- Hummus
- Pretzel Chips
- Oreos- Cookies
- Fruit Cups
- M&M's
- Cheese, Salami, Club Crackers
- Fresh Berries
- Cheese/ olive/ grape tomato skewers.
- Squeeze Cheese Cracker Art
- Nutella & Go Dips
- Gummy Bears
- ZBars
- Honey Stingers
- Fruit Leathers

FUN KIDS HIKING SNACKS

- Fresh Candy Stick
- Lemonade
- Trail Mix Necklaces